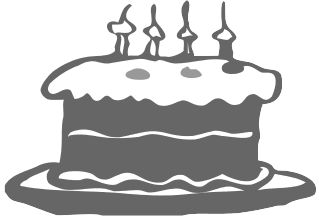


30th Services News

FOOD SERVICE

COMING SOON! The Quarterly Birthday Meal!

Hosted by the
30th Services Squadron

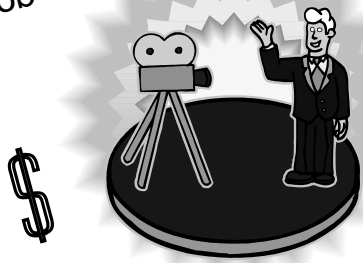


The quarterly meal for January, February and March birthdays is held at Breakers Dining Facility March 26. Doors open at 5 p.m. Meal served at 5:30 p.m. All enlisted personnel on BAS or SIK (meal card) and a guest (military or dependant) may attend the Birthday Meal. Call Staff Sgt. Lopez or Staff Sgt. Miller at 606-3210 or sign up with the unit first sergeant!

V.I.T.T

**PRICE
is
RIGHT**
TV Taping Trip

with
Bob Barker



May 1 • \$42

transportation & guaranteed seating

Must be 18 years of age.
Must have 2 forms of ID such as driver's license and Social Security card or legal document with Social Security number on it.
For more information on this trip, call 606-7976.

YOUTH CENTER

HELP THE VANDENBERG YOUTH CENTER SUPPORT OUR DEPLOYED TROOPS!

The youth center is accepting donations through Tuesday, Mar. 25. The following items are suggested:

- Playing cards
- Activity books
- (crosswords, word searches, etc.)
- Stationery/writing pads
- Envelopes
- Writing utensils
- Misc. small entertainment items
- Dental floss
- Lip balm
- Hand soap
- Disposable razors
- Small packets of tissue
- Wrapped hard candy
- Assorted nuts
- Power bars
- Store-packaged jerky
- Sunflower seeds

Drop off donations at the youth center. Call 606-2152 with any questions. The donations will be given to the Family Support Center on Wednesday, Mar. 26.

YOUTH SPORTS

VAFB YOUTH SOFTBALL PROGRAM

is currently looking for young ladies, age 11-14 to fill league teams. Registration continues only until teams are full, so don't miss out! Register today at the Vandenberg Youth Center between 7 a.m. and 5 p.m. For more information, call 606-2152.

FITNESS CENTER

FOOTBALL FIELD CLOSURE

The football field is closed for maintenance until the end of April. For more information, call 606-3832.

PACIFIC COAST CLUB

MARCH MADNESS is coming!



Catch the
'SWEET SIXTEEN'
games at the
Pacific Coast Club's
E-Lounge & O-Lounge
every day during
regular business
hours!



Visit us on the web at www.30svs.com

Saturday! MUG NIGHT in the E-Lounge, 9 p.m. to 2 a.m.

FOOD
&
DRINK
SPECIALS

DAILY
MANAGER'S
SPECIALS

ROOT FOR
YOUR
FAVORITE
TEAMS!

YOUTH CENTER

St. Patrick's Day SCAVENGER HUNT

Saturday!

Ages 10 to 18
at the Vandenberg
Youth Center 6 to 8 p.m.

Call the youth center at 606-2152 for details.

CHILD DEVELOPMENT CENTER

Give Parents a Break!

March 21 from 6 to 10 p.m. at the Child Development Center

This free program is sponsored by the Air Force Aid Society to give families a break from the stress of parenting. Active-duty Air Force families who are eligible for the 'Give Parents a Break' program include those where a parent feels stress due to a military spouse deployed or on temporary duty, caring for a child with special needs, an emergency situation, recent move to Vandenberg, or unique circumstances or hardships. Sign up by Monday for the March 21 activity.

Ice Cream Social!

2:30 to 4:30 p.m. March 21 at the Child Development Center

Parents are invited to come enjoy this special treat with their child as a greeting to spring! The event gives parents time to socialize with their child and the parents of other children. Please let caregivers know if attending.

For more information, call the Child Development Center at 606-1555.

FITNESS CENTER

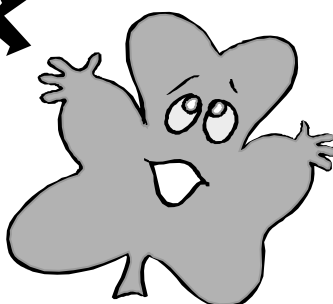
Shamrock Fun Run

TODAY at noon.
5K or 10K Run

at the Vandenberg Fitness Center
(Corner of Washington and California)

Monday - Body Composition Testing 11 a.m. to 1 p.m.
Ask to be measured.

March 21 - California Wrestling Alliance Match, 7 p.m. fitness center
Call the fitness center at 606-3833 for details.



LIBRARY

THE LIBRARY IS CLOSED Tuesday and Wednesday for inventory and installation of new video and CD shelving.

WE NOW HAVE A 24/7 VIDEO RETURN SLOT for library videos and music CDs. The return slot is located in the window next to the library staff entrance. Please note, the new return slot takes only the single and double video cases, music CDs and smaller cassette audiobooks.

PRESCHOOL STORYTIME
every Thursday at 10 a.m.

DIAL-A-STORY
machine is temporarily out of order.

Call the library at 606-6414 for more information.

